

Attention is given to creating a culture of character for students by teaching the qualities of personal virtues.

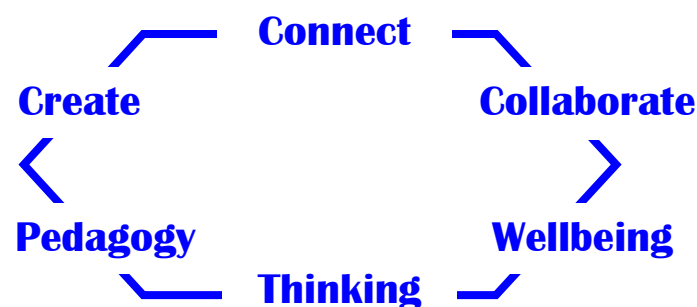
### Virtues: The Gifts of Character

Assertiveness	Integrity
Caring	Joyfulness
Cleanliness	Justice
Commitment	Kindness
Compassion	Love
Confidence	Loyalty
Consideration	Moderation
Cooperation	Modesty
Courage	Orderliness
Courtesy	Patience
Creativity	Peacefulness
Detachment	Perseverance
Determination	Purposefulness
Diligence	Reliability
Enthusiasm	Respect
Excellence	Responsibility
Flexibility	Self-discipline
Forgiveness	Service
Friendliness	Tact
Generosity	Thankfulness
Gentleness	Tolerance
Helpfulness	Trust
Honesty	Trustworthiness
Honor	Truthfulness
Humility	Understanding

## Upper Mt Gravatt State School - Strategic Placemat 2020

At UMG, success means reaching our potential as learners and with knowledge, humanity and community spirit, striving to make a difference.

*President John F Kennedy— "Ask not what your country can do for you.....ask what you can do for your country"*



Teachers use inventories to ascertain students' learning styles and deliver to them a greater sense of their own innate abilities and preferences.



### AIP GOALS 2020

- ◆ Continue to build on the processes that enable teachers to develop a deep understanding of the Australian Curriculum and cross curricula priorities
- ◆ Build Teacher data literacy skills
- ◆ Develop and imbed a school wide collegial framework
- ◆ Build teacher and student capabilities
- ◆ Develop a thinking culture that is inclusive and creative
- ◆ Promote early years education with Age Appropriate Pedagogies
- ◆ Promote inclusive practices with an emphasis on Autism Friendly and Wellbeing

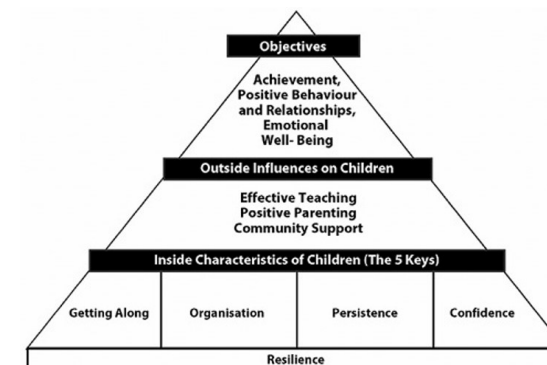
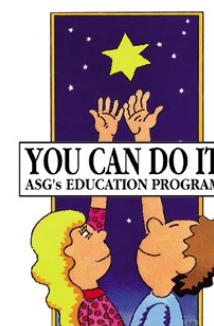
### Teacher Belief Statement

*"It is my personal approach that creates the climate.  
It is my daily mood that makes the weather"*

### OUR PARTNERS AND SCHOOL FOCUS

- ◆ Be You—Headspace
- ◆ Kids Hope. SU Qld Chaplaincy
- ◆ KFit—fitness
- ◆ You Can Do It—Michael Bernard
- ◆ Virtues—Gifts of Character
- ◆ Child's Hierarchy of Needs
- ◆ Mindfulness and Meditation for Kids
- ◆ Emotional Intelligence
- ◆ Gradual release, critical and creative thinking

The "You Can Do It" Program is taught each week from Prep to Year 6 to give students a common language with which to communicate, celebrate and voice concerns.



### INVESTING FOR SUCCESS 2020

- ◆ Provide detail planning process for teachers whole day planning each term
- ◆ Provide coaching in inclusive practices
- ◆ Offer intensive intervention through MiniLit and MacLit
- ◆ Provide extra support staff for inclusive practices
- ◆ Pay for extra class teacher to keep class sizes smaller



- Communities
- Partnerships
- Resilience
- Support
- Responding

### DEREK'S PERFORMANCE PLAN GOALS 2020

- ◆ Develop self and others by creating roles and opportunities for senior teachers and mentor other principals
- ◆ Lead teaching and learning by encouraging innovation and creativity and sharing excellent practice. Create 2-PLCS focussing on Early Years and Inclusion
- ◆ Lead improvement, innovation and change by developing a culture of continuous improvement. Deepen my knowledge of people's performance through detailed APR conversations

**International and Independent Public School**

Opportunities are given to students to practice Mindfulness meditation and breathing techniques.

## Mindfulness and Meditation For Kids



### Measuring Mindfulness

Recent studies have found that schoolchildren taught the technique show:

- ◆ 24% INCREASE in positive social behaviors
- ◆ 24% DECREASE in aggression
- ◆ 15% IMPROVEMENT in math scores
- ◆ REDUCTION and prevention of depression-like symptoms
- ◆ IMPROVED classroom behavior (self-control, paying attention, respect for others)

Teachers are aware that children can act out as they do not know what basic 'need' is not being met for them.

